

# February NEWS & NOTES



## FACILITY UPDATES

**Daily Park & Amenity Hours:** 9:00 AM – 10:00 PM

- **Tennis & Pickleball Courts:** *Closed for the season.*
- **Hockey Rink/Skating Oval:** See next page
- **Gym:** Please wear clean indoor shoes, schedules available online. Follow social media and call the front desk for updates on changes to the schedule.
- **Splash Park-***Closed for the season.*
- **Shower/Changeroom:** Trade your membership card at the front desk for a key to access showers or a private changing space.

In this newsletter you can expect information on:

Park Safety

Rink Information

Important Guest Information

Upcoming Events

Spring and Summer Day Camp Programming

Volunteering

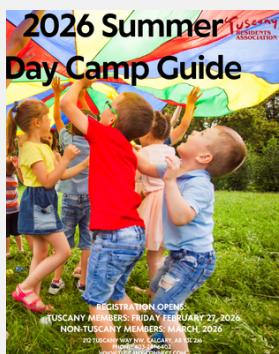
Rentals

## Spring Program Guide

Our Spring Program Guide is available online and registration is open on currently for members and on February 13 at 9 AM for non-members. Be sure to register early to secure your spot in the programs you're most excited about—and don't forget to join the waitlist if a program is full. Before enrolling, please take a moment to review our withdrawal and cancellation policy in the guide and online prior to completing your enrollment.

## Summer Day Camp Program Guide

Our Summer Day Camp Program Guide will be available online the week of February 23, 2026 and registration is open on February 27 at 9 AM for members and on March 13 for non-members.





## Hockey Rink Schedule

### **Generally cleaning of the Hockey ice rink will happen:**

- Prior to the rink opening at 9:00 AM Monday to Friday and Saturday & Sunday prior to the rink opening at 9:30 AM, please stay off the pleasure ice rink until it opens
- From 1:30 PM to 2:30 PM everyday
- From 7:30 PM to 8:30 PM

\*\*Cleaning times are dependent on available staff, weather and if there are skating lessons

### **Open skate will generally be:**

Monday to Friday 9:00 AM to 9:45 PM and Saturday & Sunday from 9:30 AM to 9:45 PM.

### **Special Skate times include\*\*\*:**

- Adult time – Mondays and Saturdays from 8:30 PM to 9:45 PM and Thursdays from 5:00 PM to 7:30 PM
- Family time – Sundays from 10:30 AM to 1:00 PM and Tuesdays 5:00 PM to 7:00 PM and Sunday 10:30 AM to 1:00 PM
- Teen time – Fridays 2:30 PM to 4:30 PM and Sundays 2:30 PM to 5:30 PM

## **Pleasure Rink Schedule (when the Tuscany Club is open)**

### **Cleaning of the pleasure ice rink will happen:**

- Prior to it opening at 9:00 AM everyday, please stay off the pleasure ice rink until it opens
- From 1:00 PM to 2:00 PM
- From 7:00 PM to 8:00 PM

\*\*Cleaning times are dependent on available staff and the weather

### **Open skate on the pleasure rink for December 26 to January 4 will be daily from:**

- 9 AM to 9:45 PM



## **IMPORTANT GUEST INFORMATION**

Each member 17 years old and under is permitted to bring 2 guests and each adult 5 guests to use our outdoor facilities. Once members leave, the guests must leave too. Members are not permitted to sign in other TRA members as guests to gain access to the club. All members must be in good standing to visit the Club and use its amenities.

**Reminder:** Members must be at least 12 years old to be at the Tuscany Club without direct adult supervision, and must have their own membership card to access the facility and its amenities.

## **UPCOMING EVENTS**



### **Family Day Festival**

 Monday, February 16, 2026  11:00 AM to 2:00 PM  Tuscany Club Gym

Come celebrate Family Day at the Tuscany Club with music, games, treats and skating (weather permitting) and more. Admission is FREE for all Tuscany residents.



### **Spring Time Children's Festival**

 Monday, March 28, 2026  11:00 AM to 2:00 PM  Tuscany Club Gym and Park

Come celebrate Spring Time at the Tuscany Club with easter egg hunt, activities, music, games, crafts and more. Admission is FREE for all Tuscany residents.



### **Tuscany Club Pickleball Tournament**

 Monday and Tuesday April 16-17, 2026  9:00 AM to 2:00 PM  Tuscany Club Gym

Our first Tuscany Club pickleball tournament will be held this spring where players of all caliber are invited to this friendly event which will also include an award ceremony on the second day.

### **THANK YOU TO OUR AMAZING SPONSORS & VOLUNTEERS WHO HELP MAKE THESE EVENTS POSSIBLE!**

**Agnew Insurance Ltd.**  
 **co-operators**

Interested in becoming a sponsor and would like the opportunity to become more involved in our community events? Please email [recreation@tuscanyclub.ca](mailto:recreation@tuscanyclub.ca) or view our sponsorship package online at [www.tuscany-connect.com](http://www.tuscany-connect.com)

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# Program Information

## Spring Program Guide - Updates

### **ZUMBA IS BACK!**

Zumba is back this spring on Monday afternoons! Come sign up and have some fun while getting fit. All ages and skill levels welcome! No zumba experience is necessary.

### **New Prenatal Yoga Class**

We are starting a new prenatal yoga class on Sunday afternoons. A nurturing practice to support you through all stages of pregnancy while deepening your connection with your changing body and baby.

### **Adult Fitness Mash Up Classes**

In our spring program fitness classes we will be changing to sessional programs instead of a week by week/drop-in format. Registered for your favourite fitness classes today!

| <b>Class</b>                          | <b>Day of the Week</b> | <b>Time</b>          |
|---------------------------------------|------------------------|----------------------|
| <b>Parent &amp; Tot Yoga</b>          | Monday                 | 10:00 AM to 11:00 AM |
| <b>Chair Yoga</b>                     | Monday                 | 1:00 PM to 2:00 PM   |
| <b>Zumba</b>                          | Monday                 | 4:45 pm to 5:45 PM   |
| <b>Functional HIIT</b>                | Monday                 | 7:00 PM to 8:00 PM   |
| <b>Barre, Legs, Butt &amp; Thighs</b> | Tuesday                | 9:15 AM to 10:15 AM  |
| <b>Vinyasa Yoga</b>                   | Wednesday              | 8:00 PM to 9:00 PM   |
| <b>Gentle Stretch</b>                 | Thursday               | 10:00 AM to 11:15 AM |
| <b>Build and Burn</b>                 | Thursday               | 7:00 PM to 8:00 PM   |
| <b>Prenatal Yoga</b>                  | Sunday                 | 1:00 PM to 2:00 PM   |

## **Red Cross Youth Safety Courses are back!**



- **Stay Safe (Home On Your Own) Ages 9-13:** April 25<sup>th</sup> 9:30am-2:30pm
  - The Stay Safe! program teaches applicable and age-appropriate skills while increasing and reinforcing a youth's capacity to improve his or her own safety.
- **Baby Sitter Training Ages 11+:** April 26th 9:30am-4:30pm
  - Learn to handle the responsibilities of babysitting in a fun, interactive setting with an experienced Red Cross instructor. They will learn first aid safety tips, injury prevention and be introduced to CPR.

You can register for these two courses when the Spring Program registration opens.

### **Interested in Volunteering?**

If you are looking to support your Community and get involved, volunteering to help with our events is a great way to do so. All the events we offer are thanks to our amazing sponsors and volunteers.

All volunteers must be 12+ years of age or volunteer with an adult.

There are a variety of roles at all of our events including, set up/take down, supervising games and activities and more.

Email:  
[eventscoordinator@tuscanyclub.ca](mailto:eventscoordinator@tuscanyclub.ca)  
for more information.

### **Room Rentals**

Looking for the perfect space for your next event? Look no further! The Tuscany Club is the ideal venue for Tuscany Resident Association members to book birthdays, weddings, meetings, workshops, and more! Spacious, versatile, and equipped with everything you need to host a successful gathering. Book now and let's make your event unforgettable!

Visit [www.tuscany-connect.com/rentals](http://www.tuscany-connect.com/rentals) or email [rentals@tuscanyclub.ca](mailto:rentals@tuscanyclub.ca) for more information on pricing and options.



The Tuscany Club

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Tuscanyclub